



Spring 2 Keeping Healthy Home Learning

This half term we are learning about keeping ourselves healthy. Please spend some time discussing the following activities with your child. Decide together which ones you would like to complete together over this half term. All of the activities are linked to our topic.

Please choose at least 4 activities over the half term and return your completed home learning by Monday 20th March.

We hope you have fun!

| | | |
|---|---|--|
| Draw a picture of your pet / favourite pet and label it. | Can you be shopkeeper and set up a shop at home? Label the items with their prices. | Take part in some exercise-walking, dancing, climbing, cycling etc. You could take some photos to put in your learning log to show us what you have been doing. |
| Make a fruit salad or a pizza (choosing healthy toppings) and write or draw a list of the fruits/toppings you used. | Make a healthy dinner paper plate collage. | Count how many star jumps you can do in 1 minute. Can you design your own exercise? |
| Find out about how we can look after our teeth and why we need our teeth. You could find some books from the library about teeth or look on the Internet. | Find out about why it is important to wash our hands. Draw a picture or make a model of what you think a horrid germ might look like! | Can you draw around different coins and label them? What is the total of the 2 coins? Can you repeat with different coins? |

Thank you for your support.

Mrs Riddell, Mrs Stevenson, Miss Russell.